

RHINODAYS2025



FESS & Rhinoplasty International Cadaver Courses

LABORATORY OF ANATOMY, ARISTOTLE UNIVERSITY OF THESSALONIKI, GREECE



ARISTOTLE UNIVERSITY
OF THESSALONIKI
MEDICAL SCHOOL

PROGRAMME



MAY 14-17, 2025, Thessaloniki, Greece

www.rhinodays2025.frei.gr



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www.rhinodays2025.frei.gr

INFORMATION

Venue

Laboratory of Anatomy

Address: School of Medicine, Aristotle University of Thessaloniki, 54124

Thessaloniki FESS & Rhinoplasty hands-on sessions on fresh frozen specimens

Certificate

CME Credits

The International Cadaver Courses "Thessaloniki RhinoDays 2025", Thessaloniki, Greece, 14/05/2025-17/05/2025 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME).

Each participant can only receive the number of credits he/she is entitled to according to his/her actual participation at the event once he/she has completed the feedback form.

Website

<https://rhinodays2025.frei.gr/>

Contact us

rhinodays2025@frei.gr

ORGANIZER



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WELCOME LETTER

Dear colleagues and friends,

It is a great pleasure to invite you to the Thessaloniki Rhino Days on May 14-17, 2025.

In a period of 4 days we will accommodate two international courses, one in rhinoplasty (2 days) and one endoscopic sinus surgery (2 days) with national and international faculty. There is a significant discount if one chooses to do both!

The courses will be organized by the 1st Academic ENT Department at Aristotle University of Thessaloniki.

Rhinoplasty course, May 14-15, 2025

There is no doubt that the functional and aesthetic surgery of the nose is a complex operation with a difficult learning curve and will always be a challenge for every Otorhinolaryngologist, Plastic Surgeon and Maxillofacial Surgeon.

The programme is structured in such a way that participants will be able to learn the basic techniques but will be also updated on the latest more advanced techniques of rhinoplasty. Dissection on fresh frozen specimens will provide training in surgical skills for the first 26 registered participants. Video sessions, case presentations, injectables and fillers in and around the nose will be organized by and discussed with the experts.

Endoscopic sinus surgery course, May 16-17, 2025

Endoscopic Sinus Surgery (ESS) has been evolving with tremendous speed over the last three decades. As expected, the demand for training in the endoscopic techniques is continuously growing. Participants will learn and improve their skills in ESS through lectures and cadaver dissections (for the first 26 registered). In the lab, participants will familiarize themselves with different applications of powered instrumentation. All lab stations will have image guidance.

We will try to meet the training needs of all participants, by tailoring their dissection plan according to their individual needs and training level (a questionnaire will be sent before the course).

Thessaloniki is a historic, cosmopolitan and multicultural city and the weather in May usually averages 24 degrees.

Looking forward to meeting you in Thessaloniki.



Jannis Constantinidis

Courses Director

Past President of the European Rhinologic Society



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SCIENTIFIC PROGRAMME

WEDNESDAY, MAY 14

08.00-08.25 Registration

08.25-08.30 Welcome - **J. Constantinidis**

08.30-10.30 **Lectures**

Moderators: **S. Triantos, M. Scheithauer**



08.30-08.50
Surgical anatomy and physiology
ZINOVIA TSINASLANIDOU



08.50-09.10
Preoperative assessment and planning in Rhinoplasty
STYLIANOS TRIANTOS



09.10-09.30
Local anesthesia, incisions and approaches in rhinoplasty
DIMITRIOS LOULLOUDIS



09.30-09.50
Managing the septum – function and aesthetics
09.50-10.10
Surgery of the inferior turbinates – indications and techniques
MARC SCHEITHAUER

10.10-10.30 COFFEE BREAK

10.30-12.30 **Lectures**

Moderators: **H. Saleh, J. Constantinidis**



10.30-10.50
Nasal osteotomies: Practical tips & tricks
STYLIANOS TRIANTOS



10.50-11.10
Deviated and crooked nose - analysis and techniques
EVANGELOS GIOTAKIS



11.10-11.30
Endonasal Tip Surgery - What Can You Do?
HESHAM SALEH

RHINOPLASTY DAY 1



MAY 14-17, 2025, Thessaloniki, Greece

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WEDNESDAY, MAY 14



11.30-11.50
Bony Dorsum management
GEORGE MIREAS



11.50-12.10
How to manage the middle third after profileplasty
JANNIS CONSTANTINIDIS



12.10-12.30
Management of the saddle nose
EVANGELOS GIOTAKIS

12.30-13.30 LUNCH BREAK

13.30-15.30 **Lectures**

Moderators: **D. Louloudis, A. Mesbahi**



13.30-13.50
How to correct broad nasal tip
ALIREZA MESBAHI



13.50-14.10
How to manage the droopy tip
JANNIS CONSTANTINIDIS



14.10-14.30
Reconstructive Septorhinoplasty: When and how?
DIMITRIOS LOULLOUDIS



14.30-14.50
Changing the Nasolabial Angle
HESHAM SALEH



14.50-15.10
Alar base surgery
ALIREZA MESBAHI



15.10-15.30
Ultrasonic Piezo Rhinoplasty
GEORGE MIREAS

15.30-16.00 COFFEE BREAK

SCIENTIFIC PROGRAMME

RHINOPLASTY DAY 1



MAY 14-17, 2025, Thessaloniki, Greece

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WEDNESDAY, MAY 14

16.00-18.00

Lectures

Moderators: **J. Constantinidis, G. Mireas**



16.00-16.20

Rhinoplasty for the ageing nose

HESHAM SALEH



16.20-16.40

Nasal valve surgery

ALIREZA MESBAHI



16.40-17.00

The use of PRF and other dorsum augmentation material in rhinoplasty

GEORGE MIREAS



17.00-17.20

Transplants in septorhinoplasty

MARC SCHEITHAUER



17.20-17.40

Tips and tricks to achieve a good rhinoplasty result

ALIREZA MESBAHI

17.40-18.00

Discussion – Closing remarks

RHINOPLASTY DAY 1



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THURSDAY, MAY 15

08.00-14.00	Cadaver dissection in the lab	All faculty
	Dissection Demo closed approach Rhinoplasty	
	Dissection Demo open approach rhinoplasty, tip suture techniques, grafts	

14.00-15.00 LUNCH BREAK

15.00-18.00 Lectures - Video Session

Moderators: **E. Prokopakis, S. Triaridis**



15.00-15.20

Lessons learned over the past 20-years in rhinoplasty
JANNIS CONSTANTINIDIS



15.20-15.40

Current management of nasal trauma
STEFANOS TRIARIDIS



15.40-16.00

Rejecting rhinoplasty patient
EMMANUEL PROKOPAKIS

16.00-18.00 Interactive case presentations with videos

Moderators: **H. Saleh, A. Mesbahi**

Participants: **All Faculty**

18.00 Closing remarks

Rhinoplasty Day 2

SCIENTIFIC PROGRAMME



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SCIENTIFIC PROGRAMME

FRIDAY, MAY 16

08.00-08.25 Registration

08.25-08.30 Welcome - **J. Constantinidis**

08.30-09.45 **Lectures**

Moderators: **P. Karkos, Iord. Konstantinidis**



08.30-08.45

Basic surgical anatomy for the ESS surgeon

NIKOLAOS LAZARIDIS



08.45-09.00

Preop and postop care in ESS

GEORGIOS PAPACHARALAMPOUS



09.00-09.15

CT Scan - Preop Checklist

TIMOLEON TERZIS



09.15-09.30

Surgical management of epistaxis

PETROS KARKOS



09.30-09.45

Endoscopic DCR step by step

IORDANIS KONSTANTINIDIS

09.45-10.00 COFFEE BREAK

10.00-12.30 **Lectures**

Moderators: **T. Terzis, M. Katotomichelakis**



10.00-10.15

Five lamellae" principle in ESS

TOMISLAV BAUDOIN



10.15-10.45

FESS Past, Present and Future: The Messerklinger and Stammberger Legacy

ANDREAS LEUNIG

Keynote Lecture sponsored by



10.45-11.00

Endoscopic frontal sinus approaches

JANNIS KONSTANTINIDIS

FESS DAY 1



MAY 14-17, 2025, Thessaloniki, Greece

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FRIDAY, MAY 16



11.00-11.15
Endoscopic sphenoid sinus approaches
EVANGELOS GIOTAKIS



11.15-11.30
Turbinate surgery as a part of ESS
MATT LECHNER



11.30-11.45
Tips & Tricks and new perspectives in ESS
MARTIN JURLINA



11.45-12.00
Use of powered instrumentation and image guidance in ESS
TIMOLEON TERZIS



12.00-12.15
Surgery for CRSwNP in the era of biologics
MICHAIL KATOTOMICHELAKIS

12.15-12.30 Q&A

12.30-13.30 LUNCH BREAK

13.30-18.00

Lectures

Moderators: **J. Constantinidis, G. Psychogios**



13.30-13.50
Endoscopic approach to the maxillary sinus and the missed ostium sequence
ANDREAS LEUNIG



13.50-14.10
Endoscopic prelacrima approach to the maxillary sinus
IORDANIS KONSTANTINIDIS



14.10-14.30
Endoscopic nasal septal perforation repair
ISAM ALOBID

SCIENTIFIC PROGRAMME

FESS DAY 1



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FRIDAY, MAY 16



14.30-14.50

Inverted papillomas: What to focus on

PAOLO BATTAGLIA



14.50-15.10

CSF leaks and endoscopic skull base reconstruction

ISAM ALOBID



15.10-15.30

Management of invasive fungal sinusitis

MATT LECHNER

15.30-16.00

LUNCH BREAK



16.00-16.20

ESS in nasal & sinus polyposis

TIMOLEON TERZIS



16.20-16.40

Endoscopic endonasal approach to anterior skull base (EEA) for malignancies

PAOLO BATTAGLIA



16.40-17.00

Endoscopic approach to pterygopalatine & infratemporal fossa - Juvenile angiofibromas

MANUEL BERNAL - SPREKELSEN



17.00-17.20

Pediatric endoscopic sinus & skull surgery: Limitations and possibilities

JANNIS CONSTANTINIDIS



17.20-17.50

Avoiding worst case scenarios during FESS

MANUEL BERNAL - SPREKELSEN

Keynote Lecture

17.50-18.00

Closing Remarks



SATURDAY, MAY 17

08.00-15.00

Cadaver dissection in the Lab

Dissection Demo, Cold Instrumentation

Dissection Demo, Power Instrumentation

Trainees Supervision: All Faculty

Uncinectomy, MMA, Ethmoidectomy, Sphenoidectomy

Frontal sinus recess, Draf I-III drainage

ESPAL, Canthotomy, Orbital Decompression

PPF, Sphenopalatine artery, Vidian nerv

Sphenoid sinus, Pituitary gland

All faculty

15.00-16.00

LUNCH BREAK

16.00-18.00

Lectures - Interactive video case-demonstrations

16.00-17.00

Lectures

Moderators:

V. Papanikolaou, K. Mantsopoulos



16.00-16.20

Revision Surgery, Finding your way without a Navigator!

VASSILIS PAPANIKOLAOU



16.20-16.40

How to avoid and manage complications in ESS

GIORGOS PSYCHOGIOS



16.40-17.00

The limits of endonasal approaches: Are there any at all?

KONSTANTINOS MANTSOPOULOS

17.00-18.00

Interactive video case-demonstrations of endoscopic sinus surgery procedures

ALL FACULTY

18.30

Closing remarks - Discussion



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INTERNATIONAL FACULTY



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BERNAL- SPREKELSEN MANUEL

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Vice president and Past President of
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MESBAHI ALIREZA

International & European Board Certified in
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Professor Hesham Saleh, FRCS(ORL-
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SCHEITHAUER MARC

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NATIONAL FACULTY



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KATOTOMICHELAKIS MICHAEL

Professor Dr. Michael A. Katotomichelakis, MD, MSc, PhD, - Chair of the University ORL Department, Medical School, Democritus University of Thrace, University General Hospital of Alexandroupolis, Greece, - Director MSc program "Rhinology-Rhinosurgery"



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NATIONAL FACULTY



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DISSECTION TUTORS



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Χρόνια Ρινοκολπίτιδα με
Ρινικούς Πολύποδες¹

Το **Nucala** ενδείκνυται ως επιπρόσθετη θεραπεία σε συνδυασμό με ενδορρινικά κορτικοστεροειδή για τη θεραπεία ενηλίκων ασθενών με σοβαρά χρόνια ρινοκολπίτιδα με ρινικούς πολύποδες (CRSwNP), στους οποίους η θεραπεία με συστηματικά κορτικοστεροειδή και/ή χειρουργική επέμβαση δεν παρέχει επαρκή έλεγχο της νόσου. Το **Nucala** ενδείκνυται επίσης για σοβαρό ηωσινοφιλικό άσθμα (SEA), ηωσινοφιλική κοκκιωματώση με πολυαγγειίτιδα (EGPA), και υπερηωσινοφιλικό σύνδρομο (HES).¹ Εκτός εάν σημειώνεται διαφορετικά, οι εικόνες και τα προφίλ ασθενών προορίζονται για επεξηγηματικούς σκοπούς.

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Σοβαρό ηωσινοφιλικό άσθμα: Σε μελέτες ελεγχόμενες με εικονικό φάρμακο σε ενήλικες και εφήβους ασθενείς με σοβαρό ανθεκτικό ηωσινοφιλικό άσθμα, οι πιο συχνά αναφερόμενες ανεπιθύμητες ενέργειες κατά τη διάρκεια της θεραπείας ήταν κεφαλαλγία (20%), αντιδράσεις στη θέση ένεσης (8%) και σφαυαλγία (6%).

CRSwNP: Σε μία ελεγχόμενη με εικονικό φάρμακο μελέτη σε ασθενείς με CRSwNP, οι πιο συχνά αναφερόμενες ανεπιθύμητες ενέργειες κατά τη διάρκεια της θεραπείας ήταν κεφαλαλγία (18%) και σφαυαλγία (7%).

EGPA: Σε μία ελεγχόμενη με εικονικό φάρμακο μελέτη σε ασθενείς με EGPA, οι πιο συχνά αναφερόμενες ανεπιθύμητες ενέργειες κατά τη διάρκεια της θεραπείας ήταν κεφαλαλγία (32%), αντιδράσεις στη θέση ένεσης (15%) και σφαυαλγία (13%). Συστηματικές αλλεργικές αντιδράσεις/αντιδράσεις υπερευαίσθησης αναφέρθηκαν από το 4% των ασθενών με EGPA.

HES: Σε μία ελεγχόμενη με εικονικό φάρμακο μελέτη σε ασθενείς με HES, οι πιο συχνά αναφερόμενες ανεπιθύμητες ενέργειες κατά τη διάρκεια της θεραπείας ήταν κεφαλαλγία (13%), ουρολοίμωξη (9%), αντιδράσεις της θέσης ένεσης και πυρετός (7% η κάθε μία).

Βιβλιογραφία:

1. Περλήψη Χαρακτηριστικών Προϊόντος Nucala, Ιούνιος 2024

Φαρμακευτικό προϊόν για το οποίο απαιτείται περιορισμένη ιατρική συνταγή. Η εικόνα και το προφίλ ασθενούς χρησιμοποιείται μόνο για επεξηγηματικούς σκοπούς. Το Nucala θα πρέπει να χορηγείται από ιατρούς με εμπειρία στη διάγνωση και την αντιμετώπιση του σοβαρού ανθεκτικού ηωσινοφιλικού άσθματος, της CRSwNP, της EGPA ή και του HES.

Η Περλήψη των Χαρακτηριστικών του Προϊόντος σε έντυπη μορφή είναι διαθέσιμη κατόπιν αίτησής στην εταιρεία.

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*αφορά μόνο σε πωλήσεις ιδιωτικού φαρμακείου.

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