

RHINODAYS2024



FESS & Rhinoplasty International Cadaver Courses

LABORATORY OF ANATOMY, ARISTOTLE UNIVERSITY OF THESSALONIKI, GREECE



ARISTOTLE UNIVERSITY
OF THESSALONIKI
MEDICAL SCHOOL

PROGRAMME



MAY 22-25, 2024, Thessaloniki, Greece

www.rhinodays2024.frei.gr

RHINODAYS2024



FESS & Rhinoplasty International Cadaver Courses

LABORATORY OF ANATOMY, ARISTOTLE UNIVERSITY OF THESSALONIKI, GREECE



MAY 22-25, 2024, Thessaloniki, Greece

www.rhinodays2024.frei.gr

INFORMATION

Venue

Laboratory of Anatomy

Address: School of Medicine, Aristotle University of Thessaloniki, 54124 Thessaloniki
FESS & Rhinoplasty hands-on sessions on fresh frozen specimens

Certificate

CME Credits

The International Cadaver Courses “Thessaloniki RhinoDays 2024”, Thessaloniki, Greece, 22/05/2024-25/05/2024 has been accredited by the European Accreditation Council for Continuing Medical Education (EACCME) **30.5 European CME credits** (ECMEC®s).

Each participant can only receive the number of credits he/she is entitled to according to his/her actual participation at the event once he/she has completed the feedback form.

Website

<https://rhinodays2024.frei.gr/>

Contact us

rhinodays2024@frei.gr

ORGANIZER



ARISTOTLE UNIVERSITY
OF THESSALONIKI
MEDICAL SCHOOL

P.C.O.



FREI s.a.

Congress Organiser – Virtual Events – Corp. Meetings/Events – DMC

3, Papariggopoulou Str., 105 61 Athens, Greece

T: +30 210 3215600, Fax: +30 210 3219296

www.frei.gr email: rhinodays2024@frei.gr



WELCOME LETTER

Dear colleagues and friends,

It is a great pleasure to invite you to the Thessaloniki RhinoDays on May 22-25, 2024.

In a period of 4 days we will accommodate two international courses, one in rhinoplasty (2 days) and one in endoscopic sinus surgery (2 days) with national and international faculty. There is a significant discount if one chooses to do both!

The courses will be organized by the 1st Academic ENT Department at Aristotle University of Thessaloniki Laboratory of Anatomy.

Rhinoplasty course, May 22-23, 2024

There is no doubt that the functional and aesthetic surgery of the nose is a complex operation with a difficult learning curve and will always be a challenge for every Otorhinolaryngologist, Plastic Surgeon and Maxillofacial Surgeon.

The programme is structured in such a way that participants will be able to learn the basic techniques but will be also updated on the latest more advanced techniques of rhinoplasty. Dissection on fresh frozen specimens will provide training in surgical skills for the first 20 registered participants. Video sessions, case presentations, injectables and fillers in and around the nose will be organized by and discussed with the experts.

Endoscopic sinus surgery course, May 24-25, 2024

Endoscopic Sinus Surgery (ESS) has been evolving with tremendous speed over the last three decades. As expected, the demand for training in the endoscopic techniques is continuously growing. Participants will learn and improve their skills in ESS through lectures and cadaver dissections (for the first 20 registered). In the lab, participants will familiarize themselves with different applications of powered instrumentation. All lab stations will have image guidance.

We will try to meet the training needs of all participants, by tailoring their dissection plan according to their individual needs and training level (a questionnaire will be sent before the course).

Thessaloniki is a historic, cosmopolitan and multicultural city and the weather in May usually averages 24 degrees.

Looking forward to meeting you in Thessaloniki.



Jannis Constantinidis
Courses Director



PROGRAMME

WEDNESDAY, MAY 22

08.00-08.25	Registration	
08.25-08.30	Welcome - J. Constantinidis	
08.30-10.30	Lectures	
	<i>Moderators:</i>	P. Karkos, G. Adriaensen
08.30-08.45	Surgical anatomy and physiology	G. Adriaensen
08.45-09.00	Preoperative evaluation and anaesthesia in rhinoplasty	G. Lekakis
09.00-09.15	Incisions and approaches	Z. Tsinaslanidou
09.15-09.30	Importance of nasal septum in rhinoplasty - basic steps of septoplasty	E.Giotakis
09.30-09.45	How to deal with the inferior turbinates and rhinitis	V. Grammatopoulou
09.45-10.00	Basic steps in functional rhinoplasty	M. Stavrakas
10.00-10.30	Coffee Break	
10.30-12.30	Lectures	
	<i>Moderators:</i>	E. Giotakis, G. Lekakis
10.30-10.50	Nasal osteotomies: practical tips & tricks	A. Mesbahi
10.50-11.10	Deviated and crooked nose - analysis and techniques	E. Giotakis
11.10-11.30	Tip definition and support	J.C. Neves
11.30-11.50	Bony dorsum management	G. Mireas
11.50-12.10	Management of the saddle nose	G. Adriaensen
12.10-12.30	How to manage the middle third after profileplasty	J. Constantinidis
12.30-13.30	Lunch break	

RHINOPLASTY DAY 1



PROGRAMME

WEDNESDAY, MAY 22

13.30-15.30	Lectures		
	<i>Moderators:</i>	J.C Neves, A. Mesbahi	
13.30-13.50	How to correct broad nasal tip		A. Mesbahi
13.50-14.10	How to manage the droopy tip		J. Constantinidis
14.10-14.30	Preservation rhinoplasty overview		G. Lekakis
14.30-14.50	Segmental preservation rhinoplasty, avoiding drawbacks and stigmata		J.C. Neves
14.50-15.10	Alar base surgery		A. Mesbahi
15.10-15.30	Ultrasonic Piezo Rhinoplasty		G. Mireas
15.30-16.00	Coffee Break		
16.00-18.00	Lectures		
	<i>Moderators:</i>	J. Constantinidis, G. Mireas	
16.00-16.20	Importance of nasal soft tissues in rhinoplasty		J.C. Neves
16.20-16.40	Nasal valve surgery		G. Adriaensen
16.40-17.00	The use of PRF in rhinoplasty		G. Mireas
17.00-17.20	Grafts in Rhinoplasty		J. Constantinidis
17.20-17.40	Reconstructive rhinoseptoplasty		K. Dzhambazov
17.40-18.00	Discussion – Closing remarks		



PROGRAMME

THURSDAY, MAY 23	
08.00-14.00	<p>Cadaver dissection in the lab</p> <p>Dissection Demo closed approach Rhinoplasty</p> <p>Dissection Demo open approach rhinoplasty, tip suture techniques, grafts</p>
14.00-15.00	Lunch break
15.00-17.00	<p>Lectures</p> <p><i>Moderators:</i> A. Rachmanidou, E. Prokopakis</p> <p>15.00-15.20 How to prevent and manage complications in rhinoplasty J. Constantinidis</p> <p>15.20-15.40 Current management of nasal trauma S. Triaridis</p> <p>15.40-16.00 Septoplasty and Septorhinoplasty in children A. Rachmanidou</p> <p>16.00-16.20 Psychological assessment of the rhinoplasty patient I. Syed</p> <p>16.20-16.40 Rejecting rhinoplasty patient E. Prokopakis</p>
17.00-18.00	<p>Interactive case presentations with videos – Revision Rhinoplasty</p> <p><i>Moderators:</i> I. Syed, G. Mireas</p> <p><i>Participants:</i> All Faculty A. Mesbahi, J. C. Neves, G. Lekakis, G. Adriansen, I. Syed, A. Rachmanidou, J. Constantinidis, G. Mireas, E. Prokopakis, E. Giotakis</p>
18.00	Closing remarks

Rhinoplasty Day 2



PROGRAMME

FRIDAY, MAY 24

08.00-08.25	Registration	
08.25-08.30	Welcome - J. Constantinidis	
08.30-10.10	Lectures	
	<i>Moderators:</i> P. Karkos, Iord. Konstantinidis	
08.30-08.50	Basic surgical anatomy for the FESS surgeon	I. Syed
08.50-09.10	CT Scan - Preop Checklist	G. Psychogios
09.10-09.30	Preop and postop care in ESS	G. Papacharalampous
09.30-09.50	Surgical management of epistaxis	P. Karkos
09.50-10.10	Endoscopic DCR step by step	Iord. Konstantinidis
10.10-10.30	Coffee Break	
10.30-13.10	Lectures	
	<i>Moderators:</i> T. Terzis, M. Katotomichelakis	
10.30-10.50	How to perform a "Full House FESS"	E. Giotakis
10.50-11.10	ESS for inverted papilloma – from MMA to medial maxillectomy and prelacrimal approach	T. Van Zele
11.10-11.30	Endoscopic frontal sinus approaches	J. Constantinidis
11.30-11.50	Endoscopic sphenoid sinus approaches	P. Marangoudakis
11.50-12.10	Important landmarks in revision ESS. How to increase safety!	G. Adriaensen
12.10-12.30	Tips & Tricks to improve FESS results	M. Katotomichelakis
12.30-12.50	Surgery for CRSwNP in the era of biologics	T. Terzis
12.50-13.10	Paediatric FESS	A. Rachmanidou
13.10-13.40	Satellite Lecture	<i>Sponsored by</i> GSK
13.40-15.00	Lunch break	

FESS DAY 1



PROGRAMME

FRIDAY, MAY 24

15.00-18.00 Lectures		
<i>Moderators:</i> G. Adriaensen, K. Dzhambazov		
15.00-15.20	Use of powered instrumentation and image guidance in FESS	T. Terzis
15.20-15.40	Odontogenic sinus disease	T. Van Zele
15.40-16.00	Endoscopic management of choanal atresia – with and without stenting	K. Dzhambazov
16.00-16.20	Extended ESS for sinonasal malignancies	T. Van Zele
16.20-16.40	Pituitary Surgery	I. Hajjioanou
16.40-17.00	Endoscopic access to the orbital apex and lateral sphenoid wall	G. Adriaensen
17.00-17.20	Pediatric CRS and management of complications	P. Karkos
17.20-17.40	ESS for invasive aspergillosis	H. Kawauchi
17.40-18.00	CSF leak repair and local flaps in the nose	J. Constantinidis
18.00	Closing remarks	

FESS DAY 1



PROGRAMME

SATURDAY, MAY 25

08.00-15.00	Cadaver dissection in the Lab		FESS DAY 2
	Dissection Demo, Cold Instrumentation		
	Dissection Demo, Power Instrumentation		
	Trainees Supervision: All Faculty		
	Uncinectomy, MMA, Ethmoidectomy, Sphenoidectomy		
	Frontal sinus recess, Draf I-III drainage		
	ESPAL, Canthotomy, Orbital Decompression		
	PPF, Sphenopalatine artery, Vidian nerv		
	Sphenoid sinus, Pituitary gland		
15.00-16.00	Lunch break		
16.00-18.00	Lectures - Interactive video case-demonstrations		
	<i>Moderators:</i> G. Psychogios, I. Hajiioanou		
16.00-16.20	Revision Surgery, Finding your way without a Navigator!	V. Papanikolaou	
16.20-16.40	How to avoid and manage complications	G. Psychogios	
16.40-17.00	The limits of endonasal approaches: Are there any at all?	K. Mantsopoulos	
17.00-18.00	Interactive video case-demonstrations of endoscopic sinus surgery procedures	All faculty	
18.30	Closing remarks - Discussion		



SATELLITE SYMPOSIUM

Friday, May 24.05.2024

13.10-13.40

Satellite Lecture

The Management of CRSwNPs in the era of Biological Agents

Chairman: **Michael Katotomihelakis**

Speaker: **Alexander D. Karatzanis**

Sponsored by **GSK**



INTERNATIONAL FACULTY

RHINOPLASTY

Adriansen	Gwijde	<i>Medical specialist in rhinology and rhinoplasty, Academic Medical Center, Amsterdam, The Netherlands</i>
Grammatopoulou	Victoria	<i>Specialty Doctor in ENT, Royal Surrey County Hospital</i>
Lekakis	Philio	<i>ENT & Facial Plastic Surgeon, Hopitaux Iris Sud, Brussels, Louise Medical Centre, Brussels University Hospital Leuven, Belgium</i>
Mesbahi	Alireza	<i>Otorhinolaryngologist, International & European Board Certified, Facial Plastic Surgeon, Khodadoust Hospital (Shiraz, Iran), Ordibeheht Hospital (Shiraz, Iran)</i>
Neves	Jose Carlos	<i>MD, IBCFPRS, International Board Certified in Facial Plastic Surgery Executive Board Member of the European Academy of Facial Plastic Surgery, EAFPS, President of the Facial Plastic Surgery Committee of the Portuguese ORL/HNS Society, Otorhinolaryngology and Head and Neck Surgery Specialist</i>
Rachmanidou	Anastasia	<i>MD, FRCS (ORL-HNS), MCMI, Consultant Otorhinolaryngologist and Head & Neck Surgeon, Blackheath Hospital</i>
Stavrakas	Marios	<i>Consultant ENT Surgeon, University Hospitals Plymouth NHS Trust, Honorary Clinical Lecturer, Peninsula Medical School, University of Plymouth</i>

ENDOSCOPIC SINUS SURGERY

Adriansen	Gwijde	<i>Medical specialist in rhinology and rhinoplasty, Academic Medical Center, Amsterdam, The Netherlands</i>
Dzhambazov	Karen	<i>MD, PhD, Head of the Department of Otorhinolaryngology, Faculty of Medicine, Medical University of Plovdiv</i>
Kawauchi	Hideyuki	<i>Shimane University, Department of Microbiology and Immunology</i>
Rachmanidou	Anastasia	<i>MD, FRCS (ORL-HNS), MCMI, Consultant Otorhinolaryngologist and Head & Neck Surgeon, Blackheath Hospital</i>
Syed	Irfan	<i>MB BS, BSc(Hons), MRCS, DO-HNS, FRCS (ORL-HNS), DipMedEd, Ear Nose & Throat Surgery, Consultant ENT surgeon, University Hospital Lewisham, Honorary Senior Lecturer, King's College London, UK</i>
Van Zele	Thibaut	<i>Associate professor rhinology and skull base surgery at Ghent University hospital, Belgium</i>



NATIONAL FACULTY

RHINOPLASTY

Constantinidis	Jannis	<i>President of the European Rhinologic Society Professor of Otorhinolaryngology, Head and Neck Surgery</i>
Giotakis	Evangelos	<i>MD, PhD, Assistant Professor for Hippokration Hospital Athens, German Board Certified Facial Plastic Surgeon, Board Member of the Greek Society for Head and Neck Cancer Otorhinolaryngology, 1st ENT University Clinic Athens, Greece</i>
Mireas	Georgios	<i>Director of the Facial Plastic Surgery Center, Mediterraneo Hospital, Athens Dep. Director of the ENT Department, 251 Hellenic (Greek) Airforce Hospital, Athens, Greece</i>
Prokopakis	Emmanuel	<i>Professor of the University of Crete, Head of the ORL Clinic "PAGNI" Hospital</i>
Triaridis	Stefanos	<i>Professor in Otolaryngology, Deputy Dean, School of Medicine, Head of 1st Department of Otolaryngology, AHEPA University Hospital, Aristotle University of Thessaloniki, Thessaloniki, Greece</i>
Tsinaslanidou	Zinovia	<i>ORL Doctor, Head and Neck Surgeon, Scientific Associate of the 1st ORL Clinic, Aristotle University of Thessaloniki</i>

ENDOSCOPIC SINUS SURGERY

Hajioanou	Ioannis	<i>Professor of ORL-Head and Neck Surgery, University Hospital of Larissa, Medical School of the University of Thessaly</i>
Constantinidis	Jannis	<i>President of the European Rhinologic Society, Professor of Otorhinolaryngology, Head and Neck Surgery</i>
Giotakis	Evangelos	<i>MD, PhD, Assistant Professor for Otorhinolaryngology, 1st ENT University Clinic Athens, Greece Hippokration Hospital Athens, German Board Certified Facial Plastic Surgeon, Board Member of the Greek Society for Head and Neck Cancer</i>
Karatzanis	Alexander D.	<i>Associate Professor of Otorhinolaryngology, Head and Neck Surgery University of Crete School of Medicine</i>
Karkos	Petros	<i>Associate Professor of Otorhinolaryngology, Aristotle University of Thessaloniki, Greece</i>
Katotomichelakis	Michalis	<i>ORL Professor of the Demokritian University of Thrace, Head of the University ORL Clinic, University General Hospital of Alexandroupolis</i>
Konstantinidis	Iordanis	<i>Associate Professor of ORL, Aristotle University of Thessaloniki 2nd Academic ORL Department, Papageorgiou Hospital University of Erlangen-Nuremberg, Germany</i>



NATIONAL FACULTY

ENDOSCOPIC SINUS SURGERY

Mantopoulos	Konstantinos	<i>Department of Otolaryngology, Head and Neck Surgery University of Erlangen-Nuremberg, Germany</i>
Maragoudakis	Pavlos	<i>ENT Surgeon, Professor at the National & Kapodistrian University of Athens, Director, ENT Clinic, Iaso Medical Services Surgical Sector Coordinator</i>
Papacharalampous	Georgios	<i>MD, PhD, MSc Rhinol-Rhinolog, FEB ORL-HNS Consultant ENT, ENT Dept. Elpis General Hospital Athens, Greece</i>
Papanikolaou	Vasilios	<i>Department of OtoRhinoLaryngology, Thoracic Diseases General Hospital of Athens "Sotiria", Athens, Greece</i>
Psychogios	Georgios	<i>Professor of Otorhinolaryngology, Director of the University Clinic of Ioannina</i>
Terzis	Timoleon	<i>Director, ENT Department and Head, Athens Rhinology Center, Athens Medical Center, Greece</i>

DISSECTION TUTORS

Chaidas	Konstantinos	<i>MD, PhD, FRCS (ORL-HNS), Ass. Professor in Otorhinolaryngology - Head & Neck surgery, Democritus University of Thrace, Department of Medicine</i>
Lygeros	Spyros	<i>Ass. Professor, University of Patras</i>
Terzakis	Dimitrios	<i>MD, MSc, FEBORL-HNS, ENT Consultant, Red. Cross Hospital, Athens</i>
Gougousis	Spyros	<i>MD, PhD, FEBEORL-HNS, Head of the E.N.T & Head and Neck Dpt at G.H Papanikolaou Thessaloniki</i>
Koskinas	Ioannis	<i>Research fellow, ENT Clinic, AHEPA University Hospital, Thessaloniki</i>
Sarafidou	Anastasia	<i>MD, MSc, PhD(c), FEBORL-HNS, Otorhinolaryngologist-Head and Neck Surgeon</i>
Papadopoulos	Konstantinos	<i>MD, MSc, Adj. ENT, Drama General Hospital</i>

RHINODAYS2024



FESS & Rhinoplasty International Cadaver Courses
LABORATORY OF ANATOMY, ARISTOTLE UNIVERSITY OF THESSALONIKI, GREECE



MAY 22-25, 2024, Thessaloniki, Greece

www.rhinodays2024.frei.gr

SPONSORS



ΠΡΟΣΩΠΟ ΜΕ ΠΡΟΣΩΠΟ ΜΕ ΤΗΝ ΗΩΣΙΝΟΦΙΛΙΚΗ ΦΛΕΓΜΟΝΗ

Αποδεδειγμένη
αποτελεσματικότητα
σε 4 σοβαρές
ηωσινοφιλικές παθήσεις¹

Χρόνια Ρινοκολπίτιδα με
Ρινικούς Πολύποδες¹

Το **Nucala** ενδείκνυται ως επιπρόσθετη θεραπεία σε συνδυασμό με ενδορρινικά κορτικοστεροειδή για τη θεραπεία ενήλικων ασθενών με σοβαρή χρόνια ρινοκολπίτιδα με ρινικούς πολύποδες (CRSwNP), στους οποίους η θεραπεία με συστηματικά κορτικοστεροειδή και/ή χειρουργική επέμβαση δεν παρέχει επαρκή έλεγχο της νόσου. Το **Nucala** ενδείκνυται επίσης για σοβαρό ηωσινοφιλικό άσθμα (SEA), ηωσινοφιλική κοκκωμάτωση με πολυαγγειίτιδα (EGPA), και υπερηωσινοφιλικό σύνδρομο (HES).¹

Για την
Περίληψη των
Χαρακτηριστικών
του Προϊόντος
σκανάρετε
το **QR code**.
Σε έντυπη μορφή
είναι διαθέσιμη κατόπιν
αίτησής σας στην εταιρεία.



Σύνοψη Προφίλ ασφαλείας¹:

Σοβαρό ηωσινοφιλικό άσθμα: Σε μελέτες ελεγχόμενες με εικονικό φάρμακο σε ενήλικες και εφήβους ασθενείς με σοβαρό ανθεκτικό ηωσινοφιλικό άσθμα, οι πιο συχνά αναφερόμενες ανεπιθύμητες ενέργειες κατά τη διάρκεια της θεραπείας ήταν κεφαλαλγία (20%), αντιδράσεις στη θέση ένεσης (8%) και οσφυαλγία (6%).

CRSwNP: Σε μία ελεγχόμενη με εικονικό φάρμακο μελέτη σε ασθενείς με CRSwNP, οι πιο συχνά αναφερόμενες ανεπιθύμητες ενέργειες κατά τη διάρκεια της θεραπείας ήταν κεφαλαλγία (18%) και οσφυαλγία (7%).

EGPA: Σε μία ελεγχόμενη με εικονικό φάρμακο μελέτη σε ασθενείς με EGPA, οι πιο συχνά αναφερόμενες ανεπιθύμητες ενέργειες κατά τη διάρκεια της θεραπείας ήταν κεφαλαλγία (32%), αντιδράσεις στη θέση ένεσης (15%) και οσφυαλγία (13%). Συστηματικές αλλεργικές αντιδράσεις/αντιδράσεις υπερευαίσθησης αναφέρθηκαν από το 4% των ασθενών με EGPA.

HES: Σε μία ελεγχόμενη με εικονικό φάρμακο μελέτη σε ασθενείς με HES, οι πιο συχνά αναφερόμενες ανεπιθύμητες ενέργειες κατά τη διάρκεια της θεραπείας ήταν κεφαλαλγία (13%), ουρολοίμωξη (9%), αντιδράσεις στη θέση ένεσης και πυρεξία (7% η κάθε μία).

Βιβλιογραφία:

1. Περίληψη Χαρακτηριστικών Προϊόντος Nucala, Οκτώβριος 2022.

Φαρμακευτικό προϊόν για το οποίο απαιτείται περιορισμένη ιατρική συνταγή. Η εικόνα και το προφίλ ασθενούς χρησιμοποιείται μόνο για επεξηγηματικούς σκοπούς. Το Nucala θα πρέπει να χορηγείται από ιατρούς με εμπειρία στη διάγνωση και την αντιμετώπιση του σοβαρού ανθεκτικού ηωσινοφιλικού άσθματος, της GRSwNP, της EGPA ή και του HES.

Η Περίληψη των Χαρακτηριστικών του Προϊόντος σε έντυπη μορφή είναι διαθέσιμη κατόπιν αιτήσής σας στην εταιρεία.

Λ.Τ.: NUCALA INJ SOL 100MG 1 προγεμισμένη σύριγγα: 1.033,95€ NUCALA INJ SOL 100MG 1 προγεμισμένη συσκευή τύπου πένας: 1.033,95€

% επικαθάρτησης από τους οργανισμούς κοινωνικών ασφαλίσεων: 100%. Τα ανωτέρω ισχύουν κατά την ημερομηνία σύνταξης του υλικού.

Παρακαλούμε επικοινωνήστε με την εταιρεία για επιβεβαίωση πλήρους ενημερωμένων δεδομένων, για οποιαδήποτε πληροφορία ή/και αναφορά Ανεπιθύμητων Ενέργειών στο τηλέφωνο 210 6882100. *αφορά μόνο σε πωλήσεις ιδιωτικού φαρμακείου.

Βοηθήστε να γίνουν τα φάρμακα πιο ασφαλή και Αναφέρετε
ΟΛΕΣ τις ανεπιθύμητες ενέργειες για ΟΛΑ τα φάρμακα
Συμπληρώνοντας την «ΚΙΤΡΙΝΗ ΚΑΡΤΑ»

Τα εμπορικά σήματα ανήκουν ή έχουν παραχωρηθεί στον Όμιλο εταιρειών GSK.
©2023 Όμιλος εταιρειών GSK ή δικαιούχος του Όμιλου GSK.

GlaxoSmithKline ΜΟΝΟΠΡΟΣΩΠΗ Α.Ε.Β.Ε.
Λ. Κηφισίας 266, 15232 Αθήνα, Τηλ. 210 6882100

www.gr.gsk.com

